

CPS Arctic Field Training Class Resources

Books

- *Allen and Mike's Really Cool Backpackin' Book*, Allen O'Bannon and Mike Clelland, Falcon, 2001
- *Allen and Mike's Really Cool Backcountry Ski Book*, Allen O'Bannon and Mike Clelland, Falcon, 2007
- *Bear Attacks*, Stephen Herrero, Lyons Press, 2002
- *Bear Aware*, Bill Schnieder, Falcon, 2004
- *Bear Essentials*, John Gookin and Tom Reed, Stackpole Books, 2009
- *How We Decide*, Jonah Lehrer, Mariner Books, 2010
- *Thinking, Fast and Slow*, Daniel Kahneman, Farrar, Straus and Giroux, 2011
- *Glacier Mountaineering: An Illustrated Guide to Glacier Travel and Crevasse Rescue*, Andy Tyson and Mike Clelland, Falcon, 2009
- *NOLS Wilderness First Aid*, Tod Schimelpfenig, Linda Lindsey and Joan Safford, Stackpole, 2000
- *Wilderness Medicine, Beyond First Aid, 5th edition*, William W. Forgey, Globe Pequot, 1999

Articles

- "Efficacy of Bear Spray in Alaska," *The Journal of Wildlife Management* 72(3), Tom Smith, Stephen Herrero, Terry Debruyne, James Wilder, 2008
- "Walking Straight into Circles," *Current Biology* 19 (18) , Jan Souman, Ilja Frissen, Manish Sreenivasa, and Marc Ernst, 2009
- "A Mystery: Why Can't We Walk Straight?" *Krulwich Wonders*, <http://www.npr.org/blogs/krulwich/2010/11/03/131050832/a-mystery-why-can-t-we-walk-straight>, 2010

Videos

- *Staying Safe in Bear Country*, Distribution Access, www.distributionaccess.com
- *Polar Bears, A Guide to Safety*, Distribution Access, www.distributionaccess.com
- *Cold Water Survival*, The Best of the Daily Planet, Distribution Access, www.distributionaccess.com