

Tundra Environments Clothing Checklist

Upper body layers

- Wicking layer
- 1 to 2 insulating layers
- Insulated jacket
- Sun shirt/t-shirt

Lower body layers

- Wicking layer
- Synthetic or wool pants

Specialized Layers

- Wind jacket
- Wind pants

- Rain jacket
- Rain pants

- Bug shirt/or headnet
- Bug repellent

Additional Necessities

- Warm hat
- Sun hat
- Neck-warmer
- Sunglasses
- Sunscreen

- Liner gloves
- Gloves or mittens

- Socks
- Hiking boots/shoes or waders
- Gaiters
- Camp shoe (if camping)

- Handkerchief (wiping hands, cleaning glasses etc.)

Items to carry with you

- Lighter
- Knife
- Compass (w/mirror)
- Day pack for extra layers, food, water etc.